

Brain Vitale™

To help support optimum brain health and function

Your brain is made up of an estimated 100 billion cells called neurons. As we age, the function of these neurons can decline and result in impaired learning capacity, reduced ability to concentrate and memory decline. Factors such as chronic stress, alcohol consumption, poor circulation, hypoglycemia, and cell phone radiation exposure (EMFs) can damage brain cells and affect cognitive abilities.

Brain Vitale™ is a comprehensive formula that contains a variety of natural compounds vital to maintaining brain health and function:

- **Acetyl L-Carnitine** is a form of L-carnitine that helps energize the brain. It plays an important role in the transfer and utilization of long-chain fatty acids, which are used in the production of energy. This is crucial, as the brain needs energy to function properly. Acetyl L-carnitine supports healthy levels of important chemicals needed for memory, focus, and learning.
- **Phosphatidylserine (PS)** is a vital component of all neuron's cell membranes, the protective layer that surrounds your cells. Human research suggests PS may help support overall brain wellness. PS is beneficial for memory and concentration and helps maintain healthy levels of cortisol, the hormone released by the brain when you are under stress.
- **Glycerophosphocholine (GPC)** is a naturally occurring compound in all our cells and mother's milk. GPC is a supportive nutrient for the brain and a building block for phospholipids, the main components of cell membranes. Without the presence of this nutrient in the brain, we could not think, sleep or remember.
- **Ginkgo biloba** herbal extract provides critical antioxidant protection and enhances 'brain microcirculation,' which is the flow of blood through the body's smallest vessels. Ginkgo helps to supports healthy mood, mental focus and energy.
- **Inositol** is a member of the vitamin B family and is present in all of your tissues, with the highest levels present in the heart and brain. It is a component of cell membranes and is one of the most versatile nutrients for promoting brain wellness.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT WWW.DESIGNSFORHEALTH.COM.