

Lipoic Acid Supreme

Natural support for healthy blood sugar levels

Lipoic Acid Supreme is a formula designed to help support healthy blood sugar levels and insulin balance. It combines lipoic acid with the amino acid taurine and biotin -a member of the B vitamin family. Long-term supplementation of lipoic acid may reduce biotin levels because lipoic acid competes for biotin-dependent enzymes. Therefore, it is recommended that they are supplied together. Taurine and biotin also play important roles in fostering healthy insulin function.

Benefits of Lipoic Acid

Lipoic acid is a naturally occurring compound produced in the body that acts as a *strong antioxidant* and also supports the *regulation of blood sugars*. Studies indicate that lipoic acid aids healthy blood sugar levels by optimizing the function of insulin receptors (the sites where the insulin attaches so it can do its job) in order to support proper insulin balance.

Antioxidants are substances that fight damaging free radicals in the body and, thus, are critical to the body's overall health and energy. Lipoic acid acts as an antioxidant, but also regenerates other important antioxidants, such as vitamins E and C.

Additional Highlights of Lipoic Acid Supreme

- **Biotin** is a member of the B complex involved in the manufacturing of fatty acids and glucose. It supports the health of the skin, nerves, digestive tract, metabolism and cells. It also helps to support healthy insulin sensitivity, which means that the body is able to use insulin efficiently and effectively to help maintain healthy blood sugar levels.
- **Taurine** is an amino acid that regulates the level of water and mineral salts in the blood. It also possesses beneficial antioxidant properties and assists with a healthy inflammatory response.

Recommended Use:

As a dietary supplement, take one capsule per day with meal, or as directed by your health care practitioner.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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