

# BroccoProtect™

*Effective support for the detoxification of environmental toxins*

In today's world, we are exposed to toxic chemicals on a daily basis. In order to stay healthy and cope with being bombarded by toxins, our bodies need to undergo a process called detoxification to get rid of these harmful substances. BroccoProtect™ contains proprietary ingredients that help facilitate this detoxification process.

## How Detoxification Works

The goal of detoxification is to convert toxins into a water-soluble form so they can enter the bloodstream and then go to the liver for further processing. Ultimately, they are eliminated through the urine or intestines. In this process, the liver functions similar to a dishwasher that first cleans the dishes and then rinses them with hot water. These two steps of detoxification are called Phase I and Phase II. Both phases need to be working well in order for the toxins to be properly eliminated from the body.

## Why Choose BroccoProtect™?

As more people turn to nutrition to boost overall immunity, we have discovered that fruits and vegetables are among the most protective foods in our diet. Specifically, diets rich in broccoli promote a wide range of health benefits, as confirmed in over 500 scientific journals. BroccoProtect™ contains a specially cultivated form of broccoli seed which is naturally rich in the compound *sulforaphane glucosinolate*. This compound targets biological pathways that both modulate Phase I enzymes and elevate Phase II enzymes, allowing for full and proper detoxification of unsafe chemicals. In addition to helping aid in the body's detoxification, sulforaphane has been shown to have long-lasting antioxidant effects, offering protection from oxidizing free radicals.

## Highlights of BroccoProtect™

- Contains a specially cultivated, proprietary form of broccoli seed grown and processed in North America; it is extracted using a very clean and non-toxic process, resulting in an all-natural final product with absolutely no remaining solvent residue.
- Includes only 1.5 mcg of vitamin K (the equivalent of the amount contained in one potato) per two capsules, making this product safe for people taking blood thinners.
- Unlike cruciferous veggies, it does not contain goitrogens -which are naturally occurring chemicals that can block the uptake of iodine by the thyroid.
- Extended shelf life – enzymes responsible for its degradation have been deactivated.

## Recommended Use

Take one capsule per day with water, or as directed by your health care practitioner.



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**TO CONTACT DESIGNS FOR HEALTH, PLEASE CALL US AT (800) 847-8302, OR VISIT US ON THE WEB AT [WWW.DESIGNSFORHEALTH.COM](http://WWW.DESIGNSFORHEALTH.COM).**